








	A	B	C	D	E	F	G	H
1	Peptides	 Studied Dosage	 Injection Site	 Typical Cycle Length	 Timing of Dose	 Use/Indication	 Forms	 Recent Studies
2	Click on peptide for full breakdown	*In accordance with the limited clinical trials and Reddit discussions*		*In accordance with the limited clinical trials and Reddit discussions*	*Based purely on user experiences*	*In accordance with the limited clinical trials and Reddit discussions*	*Based on what Peptide Vendors offer*	*Pubmed and Google Scholar*
3	Individual Peptides							
4	A							
5	Anamorelin	100 mcg/day	Not Applicable	12 Weeks	Before Meals	Cancer Cachexia, Appetite	Oral	[1] [2] [3]
6	ARA 290	5 mg/day	Subcutaneous (multiple skin sites)	4-5 Weeks	Variable	Neuropathic Pain	Injectable	[1] [2]
7	AOD 9604	300 mcg/day	Subcutaneous (multiple skin sites)	20 Days	In Morning- 30 mins prior to eating	Body Fat	Powders, Spray	[1] [2]
8	B							
9	BPC-157	1-10 mcg/kg of bodyweight	Subcutaneous, IM	4-12 Weeks	Before meal and before bed	Anti-inflammatory, Wound healing	Capsules, Injections, Sublingual and dermal Patches	[1] [2] [3]
10	C							
11	Cerebrolysin	Depends on the purpose of intake	IM, IV	Variable	No Specific Timing	Senile/Vascular Dementia, Cerebrovascular disorder	Injectable	[1] [2]
12	CJC 1295	30-60 mcg/day	Subcutaneous (multiple skin sites)	12 Weeks	Before bed- 2 hrs after last meal	Muscle growth, Fat loss	Injectable	[1] [2]
13	D							
14	DSIP	100-200 mcg/day	Subcutaneously, IV, IM	Variable	1-3 hours before bed	Irregular Circadian Rhythm, Insomnia	Powder	[1] [2] [3]
15	E							
16	Epitalon	5-10 mg	Subcutaneously, IV, IM	2-3 Weeks	Morning- 30 mins prior to eating	Anti-Aging	Capsule, Injectable Nasal Spray	[1] [2] [3]
17	F							
18	Follistatin 344	50-100 mcg/day	Subcutaneously, IV, IM	10-30 days	No Specific Timing	Muscle Growth, Endurance	Powder, Liquid	[1] [2] [3]
19	G							
20	GHK-CU	0.2 ml/day	Subcutaneous (multiple skin sites)	Variable	No Specific Timing	Wound Healing, Anti-inflammatory	Injectable, Transdermal	[1] [2]
21	GHRP-2	150-300 mcg/day	Subcutaneous(Abdomen)	12-14 Weeks	An hour before Meal	Muscle Growth, Rapid Healing	Injectable, Capsules	[1] [2] [3]
22	GHRP-6	100-150 mcg/day	Subcutaneous(Abdomen)	12-14 Weeks	30 Minutes Before Meal	Muscle Growth, Rapid Healing	Injectable, Capsules	[1] [2]
23	H							
24	Hexarelin	200-300 mcg/day	Subcutaneous(Abdomen)	12-16 Weeks	Before Meals	Muscle building, Fat loss, rapid recovery	Injectable, Tablets	[1] [2]
25	HGH Frag	200 mcg/day	Subcutaneous, IV	4-8 Weeks	Before Workout	Obesity, Muscle Mass	Injectable, Tablets	[1] [2] [3]
26	I							
27	IGF-1	20-100 mcg/day	Subcutaneous (multiple skin sites)	4 Weeks	After Workout	Lean Muscle Mass, Fat loss	Injectable	[1] [2] [3]
28	IGF-1 LR3	20-40 mcg/day	Subcutaneous (multiple skin sites)	4 Weeks	Before Workout	Muscle Mass, Bodybuilding	Injectable	[1] [2] [3]
29	Ipamorelin	200 mcg/day	Subcutaneous, IM	60-90 Days	Before bed- 2 hrs after last meal	Muscle growth, Fat loss	Injectable	[1] [2] [3]
30	K							
31	KPV	200-400 mcg/day	Subcutaneous (multiple skin sites)	4 Weeks	No Specific Timing	Anti-inflammatory, Wound healing	Injectable, Oral Sprays, Creams, Capsules	[1] [2]
32	Kisspeptin 10	5-10 mg/day	IV	4 Months	No Specific Timing	Infertility	Injectable, Capsules	[1] [2] [3]
33	L							
34	ll-37	100 mcg/day	Subcutaneous (multiple skin sites)	2-4 Weeks	No Specific Timing	Anti-microbial	Injectable	[1] [2]
35	Lenomorelin	7.5 mcg/kg of body weight	Subcutaneous (multiple skin sites)	10-12 Weeks	Before Meal	Appetite, Strength	Injectable	[1] [2] [3]
36	M							
37	Macimorelin	0.5 mg/kg of body weight	Not Applicable	Usually a single dose	8 hours of fasting before use	Fat loss, Muscle Mass	Oral Granules	[1] [2] [3]
38	Melanotan I	0.25-2 mg/day	Subcutaneous, IM	Variable	No Specific Timing	Skin tanning, Erythropoetic Protoporphyrria	Injectable, Nasal Sprays	[1] [2]
39	Melanotan II	0.25-2 mg/day	Subcutaneous, IM	Variable	No Specific Timing	Erectile Dysfunction & Skin Tanning	Injectable, Nasal Sprays	[1] [2] [3]
40	Mots-c	1ml/thrice weekly	Subcutaneous (multiple skin sites)	4 Weeks	No Specific Timing	Metabolic Flexibility, Osteoporosis	Injectable	[1] [2]
41	MGF	200 mcg/day	Subcutaneous (multiple skin sites)	4 Weeks	Before Workout	Muscles growth, Tissue Repair	Injectable	[1] [2]
42	P							

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43	Peg MGF	5 mg/day	Subcutaneous (multiple skin sites)	4 Weeks	No Specific Timing	Endurance, Boosts Immune System	Injectable	[1]
44	Pentosan	100-250 mg/day	IM, Intra-auricular	1-6 Months	1-2 hrs after Meals	Cardiovascular Complications, Joint Pain	Injectable, Capsules, Oral Suspensions	[1] [2] [3]
45	PTD-DMB	30 ml/day	Not Applicable	Variable	No Specific Timing	Hair loss, Hair Regeneration	Hair Sprays	[1]
46	PT-141	1-2 mg	Subcutaneous (multiple skin sites)	8 times/month	1-5 hrs before intercourse	Libido & Erectile dysfunction	Injectable, Nasal Sprays, Pills	[1] [2] [3]
47	R							
48	RU 58841	50 mg/day	Not Applicable	Variable	After Showering- On dry hair	Hair Loss, Male Pattern Baldness	Powder, Liquid (Topical application)	[1] [2] [3]
49	S							
50	Semaglutide	0.25 mg/week	Subcutaneous (multiple skin sites)	4 Weeks	No Specific Timing	Weight Loss, Appetite	Injectable	[1] [2] [3]
51	Sermorelin	10-20 mcg/kg of body weight	Subcutaneous, IV	3-6 Months	Before bed	Muscle Mass, Fat Loss	Injectable	[1] [2] [3]
52	Semax	0.3-1 ml/twice weekly	Subcutaneous (multiple skin sites)	Variable	No Specific Timing	Neuroprotective, Stress-protective	Injectable	[1] [2] [3]
53	T							
54	TB 500	7.6 mg/week	IM, IV, Subcutaneous	2-6 Weeks	Once a Week	Anti-inflammatory & Muscle Growth	Capsules, Injectable, Patches	[1] [2] [3]
55	Tesamorelin	2 mg/day	Subcutaneous (multiple skin sites)	2 Months	Before bed- 2 hrs after last meal	HIV- lipodystrophy	Injectable	[1] [2] [3]
56	Thymosin Alpha-1	0.8-6.4 mg/twice weekly	Subcutaneous (multiple skin sites)	6-12 Months	No Specific Timing	Immunocompromised disorders, autoimmune diseases	Injectable, Nasal Sprays	[1] [2] [3]
57	Thymosin Beta-4	2-12 mg/day	IM, Subcutaneous	3-6 Months	Injected close to the site of injury	Wound healing, Anti-inflammatory	Powder, Injectable	[1] [2] [3]
58	V							
59	Vasoactive Intestinal Peptide	Depends on the purpose of intake	IV, Intravenously	Variable	No Specific Timing	Anti-inflammatory, COPD, Pulmonary Arterial HTN	Injectable	[1] [2] [3]
60	Z							
61	Zn-Thymulin	1 ml/day	Subcutaneous, IM	Variable	At Night	Hair Loss, Hair pigmentation	Topical Use	[1] [2]
62	Peptide Stacks							
63	BPC-157= 500 mcg/day, TB-500= 5 mg/twice weekly	Subcutaneous, IM	4 Weeks	Before Meal	Healing, Protein Formation, Muscle Mass	Injectable		
64	Ipamorelin and CJC-1295	Ipamorelin= 150mcg/day, CJC-1295= 150mcg/day	Subcutaneous (multiple skin sites)	4 Weeks	Before Bed	Muscles Growth, Fat loss	Injectable	
65	Melanotan I and Melanotan II	Melanotan I= 0.25-2 mg/day, Melanotan II= 0.25-2 mg/day	Subcutaneous, IM	Variable	No Specific Timing	Skin Tanning, Erectile Dysfunction	Injectable, Nasal Sprays	
66	Ipamorelin and Sermorelin	Ipamorelin= 200-300mcg/day, Sermorelin= 200 mcg/day	Subcutaneous (multiple skin sites)	2-3 Months	Before Bed	Muscles Growth, Fat loss	Injectable	
67	GHRP-6, Sermorelin	GHRP-6= 100 mcg/day, Sermorelin= 100 mcg/day	Subcutaneous(Abdomen)	3 Months	Before Meal	Fat burn, Endurance, Muscle Mass	Injectable	
68	GHRP6 and CJC-1295	GHRP-6= 100 mcg/day, CJC-1295= 150mcg/day	Subcutaneous(Abdomen)	12 Weeks	Before Meal/Bed	Fat loss, Endurance, Strength	Injectable	
69	Semaglutide and AOD 9604	Semaglutide= 0.25 mg/week, AOD 9604= 300 mcg/day	Subcutaneous (multiple skin sites)	4 Weeks	Morning	Body Fat, Appetite, Muscle Mass	Injectable	
70	Epitalon and Thymalin	Epitalon= 5-10 mg/day, Thymalin= 10 mg/day	Subcutaneously, IV, IM	2-3 Weeks	Morning	Strong Immune system, Anti-aging, Anti-inflammatory	Injectable	
71								